



VIRGINIA STRING TEACHERS ASSOCIATION

Presents



Barry Green, author of *The Inner Game of Music* and *The Mastery of Music*
The Inner Game of Music & Bringing Music to Life: Seminar & Masterclass

On Saturday, September 20, 2008, master teacher and clinician, Barry Green will present afternoon seminars on *The Inner Game of Music* and *Bringing Music to Life*. This is a partner event to the morning VASTA Senior Regional Orchestra Audition Prep Day masterclasses.

The Inner Game of Music: Overcoming mental obstacles to performance, practicing and teaching through Inner Game Techniques of Awareness, Commitment and Trust. Session will include Green's humorous signature demonstration of his distracting inner voice plus live coaching demonstrations with individuals performing. Session includes live demonstrations of concentration techniques with the audience as well as Inner Game DVD examples with ensembles.

Bringing Music to Life: Live musical coaching demonstrations with individuals and group exercises with three skills of Breath, Pulse and Movement. You-tube clips show famous jazz, hip-hop, Latin, classical and chamber music artist demonstrating their use of the body in performance. Be prepared to model, imitate, conduct, jam, scat, move and groove as you recreate the music and bring it to life.

Saturday, Sept. 20, 2008

McLean HS Auditorium

1633 Davidson Rd.

McLean, VA 22101

1:30-4:30PM

Registration fees:

(Pre-Registration/At-the-Door)

\$25/\$30 VASTA Members (or students of members)

\$35/\$40 Non-members

Pre-Registration Deadline: September 5, 2008

For more information, contact: VASTA Past-President, Helen Fall
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www.vastaweb.org